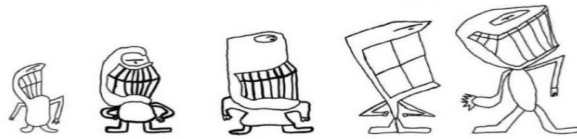


STORM



Standing up for Myself



Research means finding out about things.



We are a research team from University College London.



Katrina



Lisa



Michaela



We are working with Cardiff University.



We are also working with the University of Warwick, the University of Glasgow, the London School of Economics and colleagues in the NHS and third sector.



The research is funded by the National Institute of Health Research.



We want to find out how people with learning disabilities think about themselves and their place in the world.



Some people with learning disabilities feel bad because of other people's views of people with learning disabilities.



We want to find out how to change this.



We want to find out if a group programme called Standing up for Myself (STORM) might help.



Some people with learning disabilities feel bad because of other people's views of people with learning disabilities.



It is important to help people with learning disabilities to stand up for themselves.



Standing up for yourself can help people to feel better about themselves and their life.



The STORM programme is about helping people to stand up for themselves.



Lots of groups for people with learning disabilities are now meeting online because of Coronavirus.

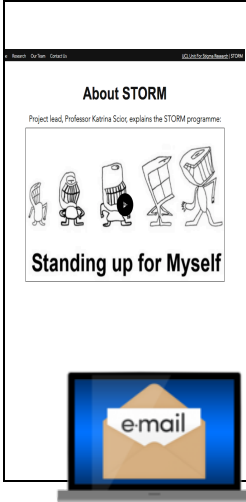


We are making changes to STORM so that groups of people with learning disabilities can take part online.

The online STORM programme is called Digital STORM.



We are trying out Digital STORM to see if groups can take part okay online.



You can find a video of Katrina Scior talking about STORM on the RESEARCH button at the top of the STORM website.

You can contact the research team by sending an email to:
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